

# NAPOWAN ADVENTURE BASE High Adventure Program



This copy belongs to:

Troop:

## Council High Adventure Contacts

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Units desiring to conduct a high adventure trip utilizing one of the five programs described in this document as coordinated by the Napowan Adventure Base will be required to provide their own leadership. If the camp needs to provide transportation or a staff member to help fill leadership requirements, an additional cost will be assessed to the unit. **Prior coordination for assistance with transportation or leadership is necessary.** Food, supplies, and equipment necessary for the trip, if not self-provided, will be provided by the Camp as part of the fee for the experience.

In keeping with the policy of the Boy Scouts of America, there are no gender restrictions for adult leadership on any high Adventure opportunity. Each opportunity with co-ed participation must have co-ed adult leadership. Each adult on a high adventure opportunity must be a registered member of the Boy Scouts of America and must have completed Youth Protection Training. A specific ratio of adults to youth is not required.

Co-ed treks will require co-ed leadership provided by the participating units. Male and female youth participants will not share the same sleeping facility. Male and female advisors are required to have separate sleeping facilities. Married couples serving as adult advisors may share the same quarters if appropriate facilities are available. Female advisors must be responsible for the female participants while male advisors must be responsible for the male participants.

While staying in tents, no youth will stay in the tent of an adult other than his or her parent or guardian.

Adults, male and female, must be physically capable for the entire length of the trek, especially in remote locations. Each trek advisor is expected to reflect high moral standards established by custom, traditional values and religious training.

Additional information on adult leadership can be found in the *Guide to Safe Scouting*, No. 34416C.

The Napowan Adventure Base recommends that at least one person, (either an adult or youth participant) on each trek be currently certified in American Red Cross Standard First Aid or the equivalent. Several hours may be required for professional help to reach remote areas and First Aid/CPR training will result in proper and prompt attention being given to injuries and/or illnesses.

The Napowan Adventure Base can provide much of the gear and equipment needed for a crew to have a successful experience. The list below outlines the items that are available for the various treks. All of our gear is high-quality, state of the art, and safe, but feel free to bring items on this list that you personally own if they would make you more comfortable.

### All Treks:

Tents	Crew size	First Aid Kit	Backpacking Stoves	Dishwashing Supplies
Cook kits & Chef kits		Stove Repair kits		Collapsible Water Jugs
Fry Pans and Griddles		Tarps and rope	Trash bags	Water purifiers & Iodine
Pills	Fuel Tanks	Basic Toiletries		

Items for program specific treks (i.e. canoeing, rock climbing, kayaking, bicycling, and Scuba Certification/Open Water Scuba Certification) have been procured or contracted for and will be available as needed for the specific trek.

### Personal Equipment Checklist

Use the checklist in the appendix to help you prepare for your trip. Many items are needed for only one trip type and others are needed for all treks. Make sure you check the column for your trek. Remember: **You and only you are carrying your gear.** More is not necessarily better. Not only will you have to carry what you bring, there will also be crew gear such as tents, food, cooking gear, and other trek specific gear supplied by the camp that members of the trek will have to carry together. Pack lightly!!

Wisconsin weather is tricky at best. Bring wool and synthetic clothing items for layering. They'll keep you warm, even when they get wet. When cotton gets wet, it loses its ability to retain heat. Wet cotton makes you even colder. Bring only small quantities for hot weather.

**Out of respect for others, please do not bring radios, tape or CD players, video games, or hammocks. Cell phones are discouraged. BSA prohibitions against sheath knives, fireworks, and alcohol are also in effect for these trips.**

### **FLAMBEAU CANOE TRIP:**

**Cost: Normal Napowan Scout fee and Normal Napowan Leader Fee. Cost additions to trek would be staffing and transportation.**

Five days and five nights (Sunday - Friday) canoeing in the famous Flambeau Wilderness Area of northern Wisconsin. Travel through wetland areas, the Flambeau Flowage, and brave the white water of the north fork of the Flambeau River. See nesting areas of Eagles and Osprey. Hear the haunting melodic call of the loon at sunset. Experience a plethora of wilderness flowers and birds. Fishing for walleye, bass and muskie are abundant in these waters.

You will explore the largest wilderness recreation area in Wisconsin. *This high adventure experience is intended for the older Scout, (13 or older by January 1<sup>st</sup>, be a swimmer and at least a First Class Scout). Prior completion of the Swimming Merit Badge is recommended*

*for participation. Whitewater and canoeing merit badge requirements can be fulfilled with this opportunity. Some of the 50-miler requirements also can be covered.*

Be sure to check the equipment list for the gear you need to bring. ***So as not to attract bears, do not bring sweet smelling toothpaste, deodorant or candy.*** Pack your gear in plastic to keep it dry. It is very important to have one pair of dry shoes for on shore camping and one you can get wet while canoeing when bringing your canoe up on shore when landing.

### **PORCUPINE MOUNTAINS WILDERNESS AREA TRIP:**

**Cost: Normal Napowan Scout fee and Normal Napowan Leader Fee. Cost additions to trek would be staffing and transportation.**

Five days and five nights (S-F) backpacking in the famous Porkies Wilderness Area of Michigan's upper peninsula. Hike one of the few remaining large wilderness areas of the Midwest. Towering virgin timbers along the shores of Lake Superior provide a setting for the trails leading to secluded lakes, wild rivers, waterfalls, and across an escarpment offering breathtaking vistas. Within the interior you can experience some of the north woods most varied flora, including many varieties of wild orchids as well as large stands of virgin white pine and hemlock inaccessible to loggers of the late 1800's.

Plan on a minimum of five hours of backpacking each day and at least 20 miles over the extent of the trip. The requirements for the Backpacking and Hiking Merit Badges plus some of the 50 miler requirements can be fulfilled with this opportunity.

You will explore the largest recreation area in Michigan's upper peninsula. **This high adventure experience is intended for the older Scout (13 or older by January 1st and be at least a First Class Scout)**

Be sure to check the equipment list for the gear you need to bring. ***So as not to attract bears, do not bring sweet smelling toothpaste, deodorant or candy.*** Pack your gear in plastic to keep it dry and allow for room in your pack for patrol gear

### **DEVIL'S LAKE ROCK CLIMBING TRIP:**

**Cost: Normal Napowan Scout fee and Normal Napowan Leader Fee. Cost additions to trek would be staffing and transportation.**

3 days 2 nights of the challenging cliffs of Wisconsin's Devil's Lake State Park. These mountain cliffs have been tempting individuals for hundreds of years and now you can try your hand at reaching the top by learning how to use various types of equipment. Participants will be able to enjoy the tranquil setting of Devil's Lake after a hard day conquering the parks various canyon walls.

See the Equipment list for what you provide, plus bring good climbing shoes and gloves. *The requirements for the Climbing Merit Badge can be fulfilled with this opportunity.*

*This high adventure experience is intended for the older Scout (13 years or older by January 1st, and be at least a First Class Scout).*

## **SCUBA CERTIFICATION AT DEVIL'S LAKE:**

**Will be announce when outfitter sets his pricing. 2008 Cost was \$320.00**

3 days and 2 nights at Devil's Lake undergoing qualification and certification for the SCUBA experience. Through a contract with a local PADI firm, we offer this unique opportunity to learn how to experience life under the water.

See the equipment list for what you need to provide, plus bring some extra towels and warm clothes.

*This high adventure experience is intended for the older Scout (14 years or older by April 1st, and must be at least a First Class Scout.*

***DEADLINE FOR REGISTRATION FOR THIS PROGRAM IS June 1st AS THERE ARE COURSE PRE-REQUISITES, WHICH MUST BE COMPLETED PRIOR TO ARRIVING AT CAMP NAPOWAN. ADDITIONAL MEDICAL CERTIFICATION FOR PARTICIPATION IN THIS PROGRAM WILL BE REQUIRED.***

## **BIKING / KAYAKING:**

**Cost: Normal Napowan Scout fee and Normal Napowan Leader Fee. Cost additions to trek would be staffing and transportation.**

What better way to explore the heart of Wisconsin than by traveling the quiet country roads or paths on a bike with little or no motorized vehicles. Over 120 miles of selected routes await the challenge of this two day trip. Follow this experience with a day of kayaking the waters in and around the Sparta, Wisconsin area. These waters include some minor falls and whitewater opportunities.

This trip will take place out of the Sparta, Wisconsin area where you will be camped every night providing a chance to ease your sore limbs and recount the exploits of the day. This trip is not for the faint of heart (or legs) and will be more of a challenge than it sounds.

*This high adventure experience is intended for the older Scout (13 years or older by January 1<sup>st</sup>, and must be at least a First Class Scout).*

## **Health and Insurance**

To ensure a safe and healthy camping experience, the National Council, Boy Scouts of

America and state laws for camps requires the following:

All Cub Scouts, Webelos Scouts, Boy Scouts, and adult leaders attending camp and participating in the program activities must have a physical exam.

\*\*Youth (under 18 years of age) exams signed by a physician are valid for three years - Class 1 and 2.

\*\*Adults under 40 years of age are required to have exams every three years - Class 1 and 2.

\*\*Adults over 40 years of age are required to have annual exams - Class 3.

If your child has had a medical evaluation (physical examination) within the last 36 months, a copy of the results of this examination must be attached to the health history for all participants in a camping experience lasting longer than 72 consecutive hours. If a copy is not available, a physical examination (using the Class 2 section of this form) must be scheduled with a licensed medical practitioner. This medical evaluation (physical examination) also is required if your child is currently under medical care, takes a prescribed medication, requires a medically prescribed diet, has had injury or illness during the past 6 months that limited activity for a week or more, has ever lost consciousness during physical activity, or suffered a concussion from a head injury.

A parent or guardian and the unit leader must sign youth medical records. No exceptions to this policy can be made.

Note: All Scouts, adult leaders, and visitors must have a completed medical form in their possession on arrival at camp. Failure to do so prevents participation in any activity at the camp. No exceptions to this policy can be made.

Medical recheck will be performed shortly after arrival at camp. Please have your medical forms ready. At the camp medical recheck, the unit leader shall inform the medical staff of any unusual problems or abnormalities of Scouts or leader. After the medical recheck, the medical staff will retain the medical forms. **Wisconsin State Laws require the camp to maintain these records on file for two years.**

**Insurance:** The Northwest Suburban Council requires accident insurance for all Scouts and Scouters in attendance at Camp Napowan. Our Northwest Suburban Council Scouts and Scouters are covered through the council accident and sickness policy provided through Health Special Risk, Inc... "Out of council" troops will be required to provide proof of insurance upon arrival at camp.

## **Napowan Policies**

In order to provide a safe and effective camping program, the following policies have been established for Napowan by the Northwest Suburban Council. Many of these policies are also required by the National Council of the Boy Scouts of America and state and local regulations. As such, no exceptions can be made.

**Arrival time:** Units should plan to arrive **between 1:30 P.M. and 2:30 P.M.** on opening day of that camping period. No camp personnel will be available prior to this time. **Please do not proceed to your site early. Just wait in the main parking lot.**

**Camp Leadership:** Units must meet the following leadership requirements as established by

the Boy Scouts of America.

1. Two adults in attendance at all times. This requirement can be satisfied by one leader at least 21 years of age and a second leader at least 18 years of age.
2. Adult leaders must meet the medical requirements regardless of their length of stay.
3. If any emergency situation should occur requiring the adult leadership to be away from camp for some period, the Camp Director shall be notified to determine what type of alternate arrangements may be required.

**Nondiscrimination Policy Statement:** *"In the operation of the summer camp program, no child, as defined by program regulations, will be discriminated against because of race, sex, color, age, national origin or handicap. Any person who believes that a child has been discriminated against in any USDA related activity should write immediately to the Secretary of Agriculture, Washington, D.C. 20250"*

**Security of Personal Possessions:** The security of personal possessions at camp is the responsibility of the individual. Personal possessions such as stereos, TV's, etc. have no place in camp. It is virtually impossible to provide security in camp for valuables (watches, jewelry or money). Please keep these items out of sight. Napowan cannot be responsible for the loss of personal possessions. We offer lockers at the swimming area. Feel free to bring locks with you to secure your personal possessions while visiting this area of camp.

